



Local action for a *sustainable and healthy* **planet**

1 Station Court,
Munlochy,
IV8 8NA

3 March 2020

Dear Michaela,

We are very happy to indicate support for your proposed project 'Rewilding Hearts' at Littleburn, Munlochy, particularly around the areas of growing and practical crafts.

We believe that people benefit in many ways from growing and preparing their own food - both personally, with fresher food and the exercise involved in growing it, and environmentally with reductions in food-miles and packaging. We carry out some educational work in this area ourselves, and have seen the difference it can make to attendees.

We are also interested in encouraging the rediscovery of lost crafts, benefiting individuals' sense of creativity and connection to nature while contributing to a more sustainable approach to living and the 4 R's: Recycle, Reduce, Reuse, Renew.

To carry out our aims TBI regularly uses local community halls, community gardens and other venues to deliver workshops and events. We would envisage making use of your proposed practical workshop and growing areas as another very suitable venue, if available.

Yours sincerely,

J Gibson

Julie Gibson
Convenor