



# River Oich | Abhainn Omhaich

Part of the Forests of Great Glen and Loch Ness

## Facilities



Parking



Picnic area

There is a charge to park at some of our sites please refer to our website for details.

You'll find the nearest toilets and places to eat in Fort Augustus.

## Trail Information



### River Oich Trail ●●●

Follow the beautiful River Oich through towering Norway spruce, larch and Scots pine, and look for squirrels, otters and water birds.

Uneven earth and grass surface with exposed tree roots. Some rough, narrow and muddy sections. Generally flat with some short steep slopes. Riverside path floods in heavy rain.



moderate

3¼ miles  
/ 6.2 km  
Allow  
2 hours

This path links the River Oich trails through Jenkins Park towards Fort Augustus ●●●

## Location

Nearest postcode: PH32 4BT

### How to get here

From the centre of Fort Augustus head north towards Inverness. Before leaving the village you'll see a signpost to Jenkins Park and Auchteraw on the left hand side. Turn left up the steep hill and then left again after the play park. At the fork in the road keep left and continue for ½ mile (800 metres) until you see a green Forestry and Land Scotland sign for Torr Dhuin and the River Oich trails. Turn left here: the River Oich car park is at the end of the road.

