



# Glentrool

## Mountain bike trails

### Facilities



Parking



Walking trails



Toilets



Cafe

There is a charge to park at some of our sites please refer to our website for details.

### Location

Nearest postcode: DG8 6SZ

#### How to get here

The turning for Glentrool Visitor Hub is signposted from the unclassified road that passes north from Glentrool village.

Off-road cycling is a hazardous activity carrying some inherent risks. Please consider your skills, abilities and fitness carefully, and always make sure your bike and helmet are safe to use.



### Cycle route grading - Is this for you? Find the right grade for your abilities

#### Green: Easy ●

**Expect:** Relatively flat, wide and smooth trails. Gentle climbs, descents, rollers and berms, with easy to avoid features such as rocks and potholes. Surface might be loose, uneven or muddy at times.

#### Blue: Moderate ■

**Expect:** A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.

#### Red: Difficult ▲

**Expect:** A mixture of steep climbs, descents and/or avoidable features. Larger jumps, berms and rollable features at controlled speed. Technical features such as tree roots, drop-offs and large rocks. Very variable surfaces.

#### Black: Severe ◆

**Expect:** Long and steep climbs, descents and jumps. Numerous hazards including drop-offs and severe features. Rapid rate of surface change. Commitment required.

#### Double-black: Extreme ◆◆

**Expect:** Very fast and steep descents. Large drop-offs, jumps and unavoidable obstacles that require high levels of skill and commitment. Extreme level of exposure or risk. Rapid rate of surface change.

### Forest road & tracks

**Expect:** Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful (routes not always waymarked). Look out for other users, vehicles and forestry work.



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## Trail Information

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### The Glen

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 **Easy | 3¾ miles | 6km**  
**35% singletrack | Allow 1 hour**

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The Glen is a short leisurely trail around the picturesque Palnagashel Glen. Suitable for families looking for an unhurried pace.

Enjoy picturesque views of Palnagashel Glen, on this short but sweet route that meanders along the banks of Black Linn and through tall larch trees. There's forest track and a section of gentle singletrack.

### The Big Country Route

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**Forest Road & tracks | 36 miles | 58km**  
**no singletrack | Allow 3½ - 7 hours**


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Take a day long ride into the wild heart of Galloway Forest Park with magnificent views of the nearby lochs and hills.

Embark on an epic journey that encompasses staggering views of Galloway's lochs and hills. This route takes you along minor public and forest roads, and while there's no technical singletrack, the Big Country route still offers a challenging ride with long climbs and sharp descents.

### The Green Torr

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 **Moderate | 5½ miles | 9km**  
**35% singletrack | Allow 1 - 2 hours**

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The Green Torr climbs gradually up through the forest to stunning views over Loch Trool.

This ride mainly features purpose built singletrack, and the lack of large rocks and tree roots make it welcoming to less experienced mountain bikers.

The most challenging section is the steady 218 metre climb through forest to the Green Torr, after which you can enjoy the long final descent back down to the Glentool Visitor hub.



# Map of Glentree

