

## Unsolicited Facebook comments

*'Keeping everything crossed for you. Surely this is the time, more than ever, when we need such initiatives? As we move forward from this pandemic, the fragile mental health of children and adults alike will need nurturing and restoring to better health and there's no better way of doing that than being immersed in nature, and reconnecting to our own true nature. Best of luck. Would love to be involved in some way, when appropriate.'*

*Amazing effort, you guys are storming ahead '*

*'Hi ..I would like to note an interest in your project . I am a retired senior person but currently mentor young people with issues through a local charity but I have the time to get involved in other projects .. I am interested in hearing more.'*

*'Hi Michaela, just read of your project plans and wanted to wish you all the very best! Sounds fantastic. I work for the Social Enterprise Academy in their schools' team - a ScotGov funded programme supporting pupils to setup a real-life social enterprise in their school. Perhaps when you are able we could find some way of collaborating and involving our Black Isle primaries? My work email is.....'*

*'Hi, myself and my partner [REDACTED] would love to help in any way we can. We part-time home educate our two kids and use Evanton woods a lot so it would be wonderful to have something similar on the Black Isle! [REDACTED] whilst not a joiner, loves building things and could certainly lend a hand in this area. I am a social worker so not sure how much use that would be! But we both love being outdoors and are interested in helping. The project sounds fantastic! I really hope it gets support. It's such a challenging time to get going but hopefully when all this passes things can continue!'*

*'Hi, Apologies for not contacting before about wanting to learn more about your project, we've just moved to Fortrose and still in the chaos of sorting out the house, internet etc. Just saw tonight's meeting is cancelled, can you add us to your list of interested people please for when things get started again.'*


*'Hi, I just saw a post on Munlochymutter and I'd love to get involved in the project. [REDACTED] .. I can maybe help with promotional or application photographs, but id also love to be in the loop in case there is the opportunity to be involved in the creation and use of the new space. I'm very practical, used to be a sales manager, project manager and am very used to meetings and group activities.. Love to hear back if you think I'd be a valuable asset.'*

*'Hi there. I've seen your posts for roots and growth and just wanted to comment on what a great, community led idea this is - huge congratulations. I wanted also to offer anything i could to the project. I'm a trained counsellor and experienced in working with children. Currently, I would have limited capacity as I also have 2 small children of my own to look after! But if there's anything I could do, please let me know.'*




*'Hi. I saw a thing on the Black Isle noticeboard about calling out for people and am just messaging to express an interest'*

*'Hey Michaela*

*That's fab news!*

*Just to say I'd love to do something alongside [REDACTED] for/with your project along the way. Putting it out there . [REDACTED]. I worked with her for years facilitating Qi Gong. (Training At the Shen with Ming Ming and Bisong also )*

*I do Sound Baths too.*

*Anyways - wishing you all the very best moving forwards. I think it's a brilliant idea and the timing is perfect    .'*

*'Hi! Please can you add me to your email list? My address is [REDACTED] and I'm the connecting young carers community link worker for Ross-shire.'*


*'Hallo there*



*I'm [REDACTED] and have just been reading about your project. Every time I walk past that place I had thought what a good retreat it would be. So glad someone has taken some action!*

*I [REDACTED], have a community support background working for statutory and charities. I have lived in the Highlands for ten years so am starting to get to know some of the nooks and crannies!*

*I am a meditation teacher and would be interested in working with you / hiring space.....no set ideas but maybe there might be a call for some meditation there at some point!'*

*'Very happy to run drama/ creative writing workshops for you''*

*Hi, been meaning to message you sooner. Really keen to find out more about your project and would be happy to help any way possible! I work as the Cycling Officer at the college and I also run a young adults group voluntarily, so have experience in group management, funding bids and anything cycling related! I live locally in Munloch .*

*'Hi Michaela, Just wanted to drop you a line to say how delighted I am that you're wanting to revive the Littleburn site. I've walked my dog at Littleburn Woods for years and the place has a very special energy. It has saddened me to see the Birchwood site looking so neglected. Best of luck with the project - we're living through strange times but the potential for positive changes is enormous  .*

*'Wonderful news! Wishing you all every success!'*

*InverRoss Young Farmers is this something you guys could get involved in, maybe a few people initially to take part in the focus group?*

*In future the project sounds like it could be used as a meeting place for YF club and could be great for sharing farming-type skills with others 🌱'*

*'think this is a brilliant project!!!'*

*'Love the new name, very fitting ❤️. I wish your roots go deep and flourish into fabulous new growth '*