



Kirroughtree

Mountain bike trails

Facilities



Parking



Accessible facilities



Toilets



Changing places



Cafe



Shop



Bike hire



Play area



Picnic area



Wildlife hide



Shower

There is a charge to park at some of our sites please refer to our website for details.

Parking payments can be accepted in our Visitor Centre during opening hours.

For latest Visitor Centre opening hours go to: forestryandland.gov.scot

Location

Nearest postcode: DG8 7BE

How to get here

Kirroughtree Visitor Centre is well signposted from the A75 at Palnure, about 1.5 miles east of Newton Stewart.

Cycle route grading - Is this for you? Find the right grade for your abilities

Green: Easy ●

Expect: Relatively flat, wide and smooth trails. Gentle climbs, descents, rollers and berms, with easy to avoid features such as rocks and potholes. Surface might be loose, uneven or muddy at times.

Blue: Moderate ■

Expect: A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.

Red: Difficult ▲

Expect: A mixture of steep climbs, descents and/or avoidable features. Larger jumps, berms and rollable features at controlled speed. Technical features such as tree roots, drop-offs and large rocks. Very variable surfaces.

Black: Severe ◆

Expect: Long and steep climbs, descents and jumps. Numerous hazards including drop-offs and severe features. Rapid rate of surface change. Commitment required.

Double-black: Extreme ◆◆

Expect: Very fast and steep descents. Large drop-offs, jumps and unavoidable obstacles that require high levels of skill and commitment. Extreme level of exposure or risk. Rapid rate of surface change.

Off-road cycling is a hazardous activity carrying some inherent risks. Please consider your skills, abilities and fitness carefully, and always make sure your bike and helmet are safe to use.



Forest road & tracks

Expect: Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful (routes not always waymarked). Look out for other users, vehicles and forestry work.



Trail Information


Bargaly Wood

 **Easy | 3¾ miles | 6km**
10% singletrack | Allow ½ - 1 hour

Take an easy ride through the scenic Bargaly Glen.

The perfect route for first timers or children. Enjoy a relaxing ride through the mixed woodland of Bargaly Glen along farm tracks and quiet public roads.


Larg Hill

 **Moderate | 6¼ miles | 10km**
50% singletrack | Allow 1 - 2 hours

Great if you are looking for something with a bit of added excitement. Offers some beautiful views and the option of the Doon Hill extension.

Ideal for beginners or kids who are confident on their bikes, this winding route is mainly singletrack with a couple of small rock drops thrown in for good measure.

The Twister

 **Difficult | 10½ miles | 17km**
85% singletrack | Allow 1 - 2 hours

A technically testing and physically demanding trail.

True to its name, The Twister route offers a winding trail with real challenges waiting after every twist and turn. It's a physically demanding ride, with plenty of rock steps, drop-offs and other technical obstacles to keep you on your toes.

Black Craigs

 **Severe | 8¾ miles | 14km**
75% singletrack | Allow 1 - 2 hours

Black Craigs combines fast flowing singletrack and rocky technical features to test your skills. A highlight is McMoab, with its huge slabs and ridges of exposed granite linked by boulder causeways.

From the fast flowing single track to the testing rocky technical challenges, on the Black Craigs you'll find plenty of exposed granite and features to get your adrenaline pumping. To reach the start of Black Craigs, follow the red-graded Twister trail to its half-way point.

(Combined length 19.3 miles / 31 km)



Map of Kirroughtree

